

ALLERGEN INFORMATION



At Truckers Cafe we attempt to provide as complete as possible allergen information about the food and drink served at our sites. Whilst we have strict controls and standards, we prepare some food and drinks on site using a wide range of ingredients and cannot ensure that there is no cross contamination and therefore we can't guarantee that these products are completely allergen free.

Y Contains – a planned ingredient which is definitely present.

? A supplier has reported to us a real risk of cross contamination on their production line OR there is a potential cross contamination through shared cooking equipment in our kitchens.

	Allergen Information													
	Contains Gluten	Contains Milk	Contains Egg	Contains Nuts	Contains Sesame	Contains Soya	Contains Mustard	Contains Celery	Contains Fish	Contains Crustaceans	Contains Lupin	Contains Molluscs	Contains Peanuts	Contains Sulphur Dioxide
Breakfast and snacks														
Sausage	Wheat				?									Y
Bacon														
Vegetarian sausage	Wheat	?												
Egg, fried or poached			Y											
Egg scrambled/ omelette		Y	Y											
Mushrooms														
Tomato														
Hash browns	?	?												
Baked beans														
Cheese		Y												
Ham														
Brioche style bap	Wheat Y Barley ?			?	?									
White floured bap	Wheat Y Barley ?			?	?									
Muffin	Wheat Y Barley ?			?	Y									
Multi grain bloomer	Wheat Y Barley Y			?	Y									
White bloomer	Wheat Y Barley ?			?	?									
Butter		Y												
Jam,														
Marmalade														
Tomato ketchup											Y			
Brown sauce	Barley, Rye													
Hot Drinks														
Tea with milk		Y												
Americano black														
Americano with milk		Y												
Sauces														
Tartare sauce		Y												
Tomato ketchup											Y			
Brown sauce	Barley, Rye													
BBQ sauce	Barley													
Mayonnaise		Y												
Gravy	Wheat				Y	Y								
Sides														
Fries	?	?												
Mashed potato		Y												
Onion rings	Wheat	?												
Coleslaw		Y												
Cakes and desserts														
Scone	Wheat	Y	Y	?										
Strawberry Jam														
Butter		Y												
Toasted teacake (no butter or jam)	Wheat													
Victoria sponge	Wheat	Y	Y	?										

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Burgers														
Burger and chips	Wheat Y Barley ?	?	Y	?										
Cheese burger and chips	Wheat Y Barley ?	Y	Y	?										
Chicken burger and chips	Wheat Y Barley ?	Y	Y	?										
Main meals														
Brunch	Wheat	?	Y		?									Y
Cod and chips (without Tartare sauce)	?	?									Y			
Crispy chicken strips and chips	Wheat	Y												
Chilli con carne, rice and sour cream	Wheat, Barley	Y		?										
Curry red Thai vegetable and rice														
Curry Piri Piri and rice	Barley			?					Y					
Curry Teriyaki chicken and rice	Wheat								Y					
Pie steak and onion, mash and peas	Wheat	Y		?		Y								
Pie steak and onion, chips and peas	Wheat	Y		?		Y								
Sausage mash peas and gravy	Wheat	Y				Y		Y						Y
Gammon, Egg, Chips and peas	?	?	Y											
Scampi, chips and peas (no tartare)	Wheat	?							?	Y		?		
Jacket potatoes														
Jacket potato with cheese		Y												
Jacket potato with beans		Y												
Jacket potato with tuna mayo		Y	Y							Y				
Jacket potato with coleslaw		Y	Y											
Jacket potato with chilli	Wheat, Barley	Y		?										
Extra cheese		Y												
Soup														
British Beef & potato		Y								Y				
Red Lentil and vegetable										Y				



Please scan the code for more allergen information.
If you have any questions or special dietary requirements, our management team are happy to help.