

Think allergy



ALLERGEN INFORMATION

At The Eat and Drink co. we attempt to provide as complete as possible allergen information about the food and drink served at our sites. Whilst we have strict controls and standards, we prepare some food and drinks on site using a wide range of ingredients and cannot ensure that there is no cross contamination and therefore we can't guarantee that these products are completely allergen free.

- Ⓨ Contains – a planned ingredient which is definitely present.
- ? May contain – a supplier has reported to us a real risk of cross contamination on their production line.
- Ⓞ May contain via shared equipment – potential cross contamination through shared cooking equipment in our kitchen.

	Allergen Information													
	Contains Gluten	Contains Milk	Contains Egg	Contains Nuts	Contains Sesame	Contains Soya	Contains Mustard	Contains Celery	Contains Fish	Contains Crustaceans	Contains Lupin	Contains Molluscs	Contains Peanuts	Contains Sulphur Dioxide
Breakfast items														
Sausage	Wheat				?									Ⓨ
Bacon														
Vegetarian sausage	Wheat	Ⓞ												
Egg Fried			Ⓨ											
Mushrooms														
Tomato, fresh and tinned														
Hash browns	Ⓞ	Ⓞ												
Baked beans														
Brioche style bap	Wheat				?									
Muffin	Wheat				?	Ⓨ								
White bread	Wheat	Ⓨ			?	?								
Wholemeal bread	Wheat	Ⓨ	Barley	Ⓨ	?	Ⓨ								
Butter			Ⓨ											
Jam														
Marmalade														
Hot Drinks														
Tea with milk			Ⓨ											
Americano black														
Americano with milk			Ⓨ											
Cappucino			Ⓨ											
Latte			Ⓨ											
Speciality tea no milk														
Vanilla syrup														
Caramel syrup														
Hazlenut syrup						Ⓨ								
Sauces and gravy														
Tomato ketchup								Ⓨ						
Brown sauce	Barley, Rye													
Salsa														
Tartare sauce			Ⓨ											
Mustard						Ⓨ								
Mayonnaise	?	Ⓨ	Ⓨ		?	Ⓨ	?	?						
Gravy	Wheat					Ⓨ		Ⓨ						
Main meals														
Brunch	Wheat	Ⓞ	Ⓨ		?									Ⓨ
Cod and chips (without Tartare sauce)	Ⓞ	Ⓞ											Ⓨ	
Chicken half roast, chips and salad	Ⓞ	Ⓞ												
Crispy chicken strips and chips	Wheat		Ⓨ											
Chilli con carne, dirty rice and sour cream	Wheat, Barley		Ⓨ		?					Ⓨ				
Curry red Thai vegetable and rice														
Curry Goan vegetable and rice			Ⓨ		?					Ⓨ				
Curry green thai chicken and rice			Ⓨ		?					Ⓨ	Ⓨ			
Curry Piri Piri and rice	Barley				?					Ⓨ				
Curry Teriyaki chicken and rice	Wheat									Ⓨ				
Lasagne chips and salad	Wheat		Ⓨ											Ⓨ
Pie steak and onion, chips and peas	Wheat		Ⓨ		?					Ⓨ				
Sausage mash peas and gravy	Wheat		Ⓨ							Ⓨ	Ⓨ			Ⓨ
Wild boar hot dog and chips no sauce	Wheat		Ⓨ	Ⓨ										
Wrap with buttermilk chicken and fries, coleslaw	Wheat		Ⓨ	Ⓨ						?	Ⓨ	?	?	
Kids meals														
Fish and chips	Ⓞ	Ⓞ												Ⓨ
Kids sausage chips beans or peas	Wheat									?				Ⓨ
Fried Chicken dippers	Wheat		Ⓨ										Ⓨ	
Soup														
Indonesian Chicken Noodle soup	Wheat			Ⓨ									Ⓨ	
Boston Chicken Chowder			Ⓨ	Ⓨ										
British Beef & potato			Ⓨ										Ⓨ	
Chipotle Meatball													Ⓨ	
Sambar Dahl														
Red Lentil and vegetable													Ⓨ	
Jacket potatoes														
Jacket potato with cheese			Ⓨ											
Jacket potato with beans			Ⓨ											
Jacket potato with tuna mayo	?		Ⓨ	Ⓨ						?	Ⓨ	?	Ⓨ	
Jacket potato with coleslaw	?		Ⓨ	Ⓨ						?	Ⓨ	?	?	
Jacket potato with chilli	Ⓨ		Ⓨ							?				
Sides														
Chips	Ⓞ	Ⓞ												
Sweet Potato fries	Ⓞ	Ⓞ												
Chicken strips	Wheat		Ⓨ											
Onion rings	Wheat		Ⓞ											
Coleslaw	?		Ⓨ	Ⓨ						?	Ⓨ	?	?	
Mac and cheese bites	Wheat, Barley		Ⓨ											
White Baguette (no butter)	Wheat												?	
Brown baguette (no butter)	Wheat, Rye, Oats, Barley		?	?	?	?	Ⓨ	?						
Roll	Wheat												?	



Please scan the code for more allergen information.

If you have any questions or special dietary requirements, our management team are happy to help.