

Think Allergy

Truckers – All Products (A-K)



Contains Cereals Containing Gluten



Contains Milk



Contains Egg



Contains Nuts



Contains Sesame



Contains Soya



Contains Mustard



Contains Celery



Contains Fish



Contains Crustaceans



Contains Lupin



Contains Molluscs



Contains Peanuts



Contains Sulphur Dioxide/Sulphites

Product

Vegetarian

Product	Vegetarian	Contains Cereals Containing Gluten	Contains Milk	Contains Egg	Contains Nuts	Contains Sesame	Contains Soya	Contains Mustard	Contains Celery	Contains Fish	Contains Crustaceans	Contains Lupin	Contains Molluscs	Contains Peanuts	Contains Sulphur Dioxide/Sulphites
Baby Potatoes	✓														
Bolognaise Sauce															✓
Breadcrumbs	✓	✓ (Wheat)													
Chilli Powder	✓														
Corned Beef															
Cream	✓		✓				✓								
Demi Glace	✓	✓ (Wheat)	✓				✓		✓						
Diced Beef															
Diced Chicken															
Honey	✓														
Kidney Beans	✓														

* This allergen hasn't been added but the product has been manufactured in a factory that handles this allergen.

V01 / PS1 / P01

Think Allergy

Truckers – All Products (L-Z)



Contains Cereals Containing Gluten



Contains Milk



Contains Egg



Contains Nuts



Contains Sesame



Contains Soya



Contains Mustard



Contains Celery



Contains Fish



Contains Crustaceans



Contains Lupin



Contains Molluscs



Contains Peanuts



Contains Sulphur Dioxide/Sulphites

Product

Vegetarian

Product	Vegetarian	Contains Cereals Containing Gluten	Contains Milk	Contains Egg	Contains Nuts	Contains Sesame	Contains Soya	Contains Mustard	Contains Celery	Contains Fish	Contains Crustaceans	Contains Lupin	Contains Molluscs	Contains Peanuts	Contains Sulphur Dioxide/Sulphites
Large Yorkshire Pudding	✓	✓ (Wheat)	✓	✓											
Leeks	✓														
Mango Chutney	✓				*										
Madras Paste							✓								
Minced Beef	✓	✓ (Wheat)	✓												
Naan Bread	✓														
Paprika	✓	✓ (Wheat)		*											
Pasta Twists	✓	✓ (Wheat)													
Puff Pastry Sheets	✓	✓ (Wheat)	✓												
Scone Mix	✓														
Tarragon	✓														
Tikka Paste	✓							✓							
Vegetable Stew Pack							*		✓						

* This allergen hasn't been added but the product has been manufactured in a factory that handles this allergen.

V01 / PS1 / P02

Think Allergy

Truckers – Breakfasts



Contains Cereals Containing Gluten



Contains Milk



Contains Egg



Contains Nuts



Contains Sesame



Contains Soya



Contains Mustard



Contains Celery



Contains Fish



Contains Crustaceans



Contains Lupin



Contains Molluscs



Contains Peanuts



Contains Sulphur Dioxide/Sulphites

Product

Vegetarian

Product	Vegetarian	Contains Cereals Containing Gluten	Contains Milk	Contains Egg	Contains Nuts	Contains Sesame	Contains Soya	Contains Mustard	Contains Celery	Contains Fish	Contains Crustaceans	Contains Lupin	Contains Molluscs	Contains Peanuts	Contains Sulphur Dioxide/Sulphites
Small Breakfast		✓ (Wheat)	✓	✓	*	*	✓								✓
Large Breakfast		✓ (Wheat, Barley)	✓	✓	*	*	✓								✓
Mega Breakfast		✓ (Wheat, Barley)	✓	✓	*	*	✓								✓
Omelette Breakfast	✓	✓ (Wheat)	✓	✓		*	✓								
Breakfast Butty (Bread) - Buttered		✓ (Wheat)	✓	✓	*	*	✓								✓
Breakfast Butty (Bap) - Buttered		✓ (Wheat)	✓	✓	*	✓									✓

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V01 / PS1 / P03

Think Allergy

Truckers – Hot Meals



Contains Cereals Containing Gluten



Contains Milk



Contains Egg



Contains Nuts



Contains Sesame



Contains Soya



Contains Mustard



Contains Celery



Contains Fish



Contains Crustaceans



Contains Lupin



Contains Molluscs



Contains Peanuts



Contains Sulphur Dioxide/Sulphites

Product

Vegetarian

Product	Vegetarian	Contains Cereals Containing Gluten	Contains Milk	Contains Egg	Contains Nuts	Contains Sesame	Contains Soya	Contains Mustard	Contains Celery	Contains Fish	Contains Crustaceans	Contains Lupin	Contains Molluscs	Contains Peanuts	Contains Sulphur Dioxide/Sulphites
Sausage & Mash In A Yorkshire Pudding		✓ (Wheat)	✓	✓	*		✓		✓						✓
Beef Burger & Onions Meal		✓ (Wheat)	✓	✓		✓	*	✓	*	*					
Cheeseburger Meal		✓ (Wheat)	✓	✓		✓	*	✓	*	*					
Spicy Chicken Burger Meal		✓ (Wheat)	✓	✓		✓	*	✓	*	*					
Chicken, Bacon & Tomato Burger		✓ (Wheat)	✓	✓		✓	*	✓	*	*					
Ham, Egg & Chips				✓											
Sausage , Egg & Chips		✓ (Wheat)	✓	✓	*										✓
Cheese & Onion Toastie		✓ (Wheat)	✓			*	✓								
Cheese, Ham & Tomato Toastie		✓ (Wheat)	✓			*	✓								
Fish finger Butty		✓ (Wheat)	✓			*		✓		✓					

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V01 / PS1 / P04

Think Allergy

Truckers – Hot Meals



Contains Cereals Containing Gluten



Contains Milk



Contains Egg



Contains Nuts



Contains Sesame



Contains Soya



Contains Mustard



Contains Celery



Contains Fish



Contains Crustaceans



Contains Lupin



Contains Molluscs



Contains Peanuts



Contains Sulphur Dioxide/Sulphites

Product

Vegetarian

Product	Vegetarian	Contains Cereals Containing Gluten	Contains Milk	Contains Egg	Contains Nuts	Contains Sesame	Contains Soya	Contains Mustard	Contains Celery	Contains Fish	Contains Crustaceans	Contains Lupin	Contains Molluscs	Contains Peanuts	Contains Sulphur Dioxide/Sulphites
Cheesy Chips			✓												
Meat & Potato Pie		✓ (Wheat)	✓				✓		✓						
Corned Beef Hash															
Beef & Vegetable Casserole		✓ (Wheat)	✓				✓		✓						
Chicken & Mushroom Pie		✓ (Wheat, Rye, Barley, Oats)	✓												
Beef & Mushroom Pie		✓ (Wheat)	✓				✓		✓						
Mince Beef Cobbler		✓ (Wheat)	✓				✓		✓						
Coq Au Vin		✓ (Wheat)	✓				✓		✓						

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Truckers – Hot Meals



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Contains Mustard



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Contains Sulphur Dioxide/Sulphites

Product

Vegetarian

Product	Vegetarian	Contains Cereals Containing Gluten	Contains Milk	Contains Egg	Contains Nuts	Contains Sesame	Contains Soya	Contains Mustard	Contains Celery	Contains Fish	Contains Crustaceans	Contains Lupin	Contains Molluscs	Contains Peanuts	Contains Sulphur Dioxide/Sulphites
Chicken Tikka Masala		✓ (Wheat)	✓				✓	✓							
Beef Madras		✓ (Wheat)	✓					✓							
Cottage Pie (Homemade)		✓ (Wheat)	✓				✓		✓						
Chicken Pasta Bake		✓ (Wheat, Rye, Barley, Oats)	✓	*			*								
Beef Chilli															✓
Beef Goulash		✓ (Wheat)	✓				✓		✓						
Pasta Bolognaise		✓ (Wheat)		*											✓
Savoury Mince		✓ (Wheat)	✓	✓			✓		✓						

* This allergen hasn't been added but the product has been manufactured in a factory that handles this allergen.

V01 / PS1 / P06

Think Allergy

Truckers – Chilled Products



Contains Cereals Containing Gluten



Contains Milk



Contains Egg



Contains Nuts



Contains Sesame



Contains Soya



Contains Mustard



Contains Celery



Contains Fish



Contains Crustaceans



Contains Lupin



Contains Molluscs



Contains Peanuts



Contains Sulphur Dioxide/Sulphites

Product

Vegetarian

Product	Vegetarian	Contains Cereals Containing Gluten	Contains Milk	Contains Egg	Contains Nuts	Contains Sesame	Contains Soya	Contains Mustard	Contains Celery	Contains Fish	Contains Crustaceans	Contains Lupin	Contains Molluscs	Contains Peanuts	Contains Sulphur Dioxide/Sulphites
Cheese & Onion Sandwich (Brown Or White Bread)	✓	✓ (Wheat)	✓	✓		*	✓	✓	*	*					
Cheese & Tomato Sandwich (Brown Or White Bread)	✓	✓ (Wheat)	✓			*	✓								
Egg Mayonnaise Sandwich (Brown Or White Bread)	✓	✓ (Wheat)	*	✓		*	✓	✓	*	*					
Ham & Cheese Sandwich (Brown Or White Bread)		✓ (Wheat)	✓	✓		*	✓	✓	*	*					
Ham & Coleslaw Sandwich (Brown Or White Bread)		✓ (Wheat)	✓			*	✓								
Tuna Mayonnaise & Cucumber Sandwich (Brown Or White Bread)	✓	✓ (Wheat)	✓	✓		*	✓	✓	*	✓					
Trifle		✓ (Wheat)	✓	✓	*		✓								✓

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