

# Think Allergy

## Chilled Food Products



Contains Cereals Containing Gluten



Contains Milk



Contains Egg



Contains Nuts



Contains Sesame



Contains Soya



Contains Mustard



Contains Celery



Contains Fish



Contains Crustaceans



Contains Lupin



Contains Molluscs



Contains Peanuts



Contains Sulphur Dioxide/Sulphites

### Product

Vegetarian

Product	Vegetarian	Contains Cereals Containing Gluten	Contains Milk	Contains Egg	Contains Nuts	Contains Sesame	Contains Soya	Contains Mustard	Contains Celery	Contains Fish	Contains Crustaceans	Contains Lupin	Contains Molluscs	Contains Peanuts	Contains Sulphur Dioxide/Sulphites
BBQ Chicken Panini		✓ (Wheat, Barley)	✓												
BLT Sandwich		✓ (Wheat)	✓	✓		*	✓	✓	*	*					
Cheddar/Mozzarella & Tomato Toastie	✓	✓ (Wheat)	✓			*	✓								
Cheese & Ham Roll		✓ (Wheat)	✓			*									
Cheese & Ham Toastie		✓ (Wheat)	✓			*	✓								
Cheese & Onion Sandwich	✓	✓ (Wheat)	✓	✓		*	✓	✓	*	*					
Cheese Ploughman's Baguette		✓ (Wheat)	✓	*			*								✓
Cheese & Tomato Baguette	✓	✓ (Wheat)	✓	*			*								
Cheese & Tomato Sandwich	✓	✓ (Wheat)	✓			*	✓								
Chicken Mayo Roll		✓ (Wheat)	✓	✓		*	✓	✓	*	*					

\* This allergen hasn't been added but the product has been manufactured in a factory that handles this allergen.

V02 / EDC3 / P01

Whilst we take the issue of food allergies and intolerances seriously all dishes are produced and prepared in environments that are not free from gluten, milk, egg, fish, crustaceans, molluscs, peanuts, sesame, celery, mustard, lupin or soya therefore all dishes may contain traces of these and other allergens.

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Chicken & Bacon Baguette		✓ (Wheat)	✓	✓			*	✓	*	*					
Chicken Salad Sandwich		✓ (Wheat)	✓			*	✓								
Egg Mayonnaise Roll	✓	✓ (Wheat)	✓	✓		*	*	✓	*	*					
Egg Mayonnaise Sandwich	✓	✓ (Wheat)	✓	✓		*	✓	✓	*	*					
Egg & Bacon Baguette		✓ (Wheat)	✓	✓		*	*	✓	*	*					
Ham & Cheese Panini		✓ (Wheat)	✓												
Ham, Cheese & Tomato Baguette		✓ (Wheat)	✓	*			*								
Ham Salad Baguette		✓ (Wheat)	✓	*			*								
Tuna Salad Baguette		✓ (Wheat)	✓	✓			*	✓	*	✓					
Tuna Mayonnaise Sandwich		✓ (Wheat)	✓	✓		*	✓	✓	*	✓					
Tuna Melt Panini		✓ (Wheat, Barley)	✓	✓			*	✓	*	✓					

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V02 / EDC3 / P02